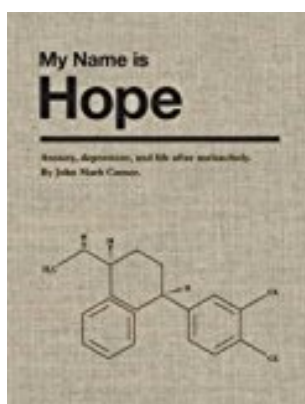


# [PDF] My Name Is Hope: Anxiety, Depression, And Life After Melancholy

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#### Books Details:

Title: My Name is Hope: Anxiety, dep  
Author:  
Released: 2012-01-23  
Language:  
Pages: 157  
ISBN:  
ISBN13:  
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#### Description:

**Review** "With the great wisdom of the Christian scriptures and the compassion of someone who himself has suffered greatly, John Mark Comer gracefully portrays the reality of despair and hope in the Christian life. For so many caught in the web of anxiety and depression, My Name is Hope provides welcome perspective and presents a path toward healing that keeps Jesus at the center. Many will be set free from the shame that comes from the struggle and begin the journey toward renewal by this book." -- Mike Erre | Author of *The Jesus of Suburbia*

*"With millions of individuals suffering from what David Foster Wallace called 'a peculiar American loneliness,' My Name is Hope has come at a crucial time and has given us a biblical understanding of the stark reality of depression." -- Josh White | Singer/Songwriter/Pastor*

*"John Mark has written an important and needed book of extremely raw, honest, vulnerable sharing about dealing with the times of darkness and depression. As you read this book, you gain hope. Not an artificial, self-oriented or quick fix type of hope, but a hope that comes from God alone. John Mark guides us into how to truly understand this incredible truth. I m very thankful to God for My Name is Hope. We all deal with dark times to some degree or another and we all need to hear about this God-focused hope." ---- Dan Kimball | Author of They Like Jesus But Not The Church*

*"With obvious relevance and prophetic resonance, each chapter speaks needed truth into the over-stressed, over-medicated reality of our lives and culture. Steeped in ruthless authenticity and scriptural authority, John Mark Comer has written a book that will awaken and guide many toward a return home to the hope that is ours in Jesus." ---- Todd Proctor | Lead pastor, Rock Harbor (Orange County, CA)*

*"Drawing from personal experience, John Mark speaks out hope and healing to the hurting and broken soul. I can t wait to pass this book along to others." -- Phil Wickham | Singer/Songwriter*

*"Depression is an awful place to be and a worse place to live. Finding God s hope when there is nothing but drabness is a personal journey that John Mark Comer went on. My Name is Hope will enable people who are lost in darkness find the light Jesus wants to bring. Read hopefully." ---- Gerry Breshears, PhD | Professor of Theology, Western Seminary*

**About the Author** John Mark Comer serves as the lead pastor of Solid Rock Church in Portland, Oregon, a city voted as the most depressed in America by a recent nationwide study. Coffee, food, culture, indie bands, and lots of depressed people. He fits right in.

Prior to planting Solid Rock in 2003, John Mark was the college pastor at a large Calvary Chapel church and played in a band signed to BEC recordings. John Mark is married to Tammy and they have two boys, Jude and Moses. They are in the process of adopting a little girl from Uganda. For more of John Mark s teachings on the Bible, Jesus, and the ups and downs of life, go to [ajesuschurch.org](http://ajesuschurch.org) and sign up for the regular podcast.

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