[PDF] Learning The Art Of Helping: Building Blocks And Techniques (5th Edition) (The Merrill Counseling)

Mark E. Young - pdf download free book



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Description:

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This best-selling resource is a great refresher and hands-on resource for counselors new to their professions. It's packed with step-by-step guidance for developing the skills and techniques they need to effectively help their clients. It covers not just the basic building blocks in the profession, but also what the author calls the "megaskills" and common curative factors that lie behind the methods. The tone is conversational and the references are very useful.

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